

## Avalon Bilgola Swimming Club - 2009/2010 Championship Results

### 10 years 50m F/S for Men

Swam : 20/02/2010

Records

10yrs 50m F/S :31.38      Open 50m F/S :26.84

<b>1</b>	<b>Bradley</b>	<b>Foster</b>	<b>:50.26</b>
<b>2</b>	<b>Luke</b>	<b>Douglas</b>	<b>:51.38</b>

### 10 years 50m F/S for Women

Swam : 20/02/2010

Records

10yrs 50m F/S :34.05      Open 50m F/S :30.09

<b>1</b>	<b>Courtney</b>	<b>King</b>	<b>:41.87</b>
<b>2</b>	<b>Holly</b>	<b>Laing</b>	<b>:44.57</b>
<b>3</b>	<b>Saraya</b>	<b>Blake</b>	<b>:45.00</b>
<b>4</b>	<b>Maddy</b>	<b>Witt</b>	<b>:46.74</b>
<b>5</b>	<b>Mali</b>	<b>Hole</b>	<b>:46.75</b>
<b>6</b>	<b>Jessica</b>	<b>Lamb</b>	<b>:48.43</b>

## Avalon Bilgola Swimming Club - 2009/2010 Championship Results

### 10 years 50m BCK for Men

Swam : 20/02/2010

Records

10yrs 50m BCK :39.33      Open 50m BCK :32.63

<b>1</b>	<b>Bradley</b>	<b>Foster</b>	<b>1:03.30</b>
<b>2</b>	<b>Luke</b>	<b>Douglas</b>	<b>1:11.51</b>

### 10 years 50m BCK for Women

Swam : 20/02/2010

Records

10yrs 50m BCK :40.27      Open 50m BCK :35.66

<b>1</b>	<b>Courtney</b>	<b>King</b>	<b>:50.29</b>
<b>2</b>	<b>Saraya</b>	<b>Blake</b>	<b>:52.55</b>
<b>3</b>	<b>Holly</b>	<b>Laing</b>	<b>:53.61</b>
<b>4</b>	<b>Mali</b>	<b>Hole</b>	<b>:59.35</b>
<b>5</b>	<b>Jessica</b>	<b>Lamb</b>	<b>1:02.93</b>

## Avalon Bilgola Swimming Club - 2009/2010 Championship Results

### 10 years 50m BRS for Men

Swam : 20/02/2010

Records

10yrs 50m BRS :42.81      Open 50m BRS :34.92

<b>1</b>	<b>Bradley</b>	<b>Foster</b>	<b>1:03.68</b>
<b>2</b>	<b>Luke</b>	<b>Douglas</b>	<b>1:04.84</b>

### 10 years 50m BRS for Women

Swam : 20/02/2010

Records

10yrs 50m BRS :45.02      Open 50m BRS :38.10

<b>1</b>	<b>Saraya</b>	<b>Blake</b>	<b>:52.51</b>
<b>2</b>	<b>Maddy</b>	<b>Witt</b>	<b>:55.60</b>
<b>3</b>	<b>Holly</b>	<b>Laing</b>	<b>1:00.32</b>
<b>4</b>	<b>Courtney</b>	<b>King</b>	<b>1:00.82</b>
<b>5</b>	<b>Mali</b>	<b>Hole</b>	<b>1:03.16</b>
<b>6</b>	<b>Jessica</b>	<b>Lamb</b>	<b>1:09.89</b>

## Avalon Bilgola Swimming Club - 2009/2010 Championship Results

### 10 years 50m BFY for Men

Swam : 20/02/2010

Records

10yrs 50m BFY :37.40      Open 50m BFY :28.67

<b>1</b>	<b>Luke</b>	<b>Douglas</b>	<b>1:04.74</b>
<b>2</b>	<b>Bradley</b>	<b>Foster</b>	<b>1:13.43</b>

### 10 years 50m BFY for Women

Swam : 20/02/2010

Records

10yrs 50m BFY :39.91      Open 50m BFY :33.04

<b>1</b>	<b>Saraya</b>	<b>Blake</b>	<b>:53.52</b>
<b>2</b>	<b>Courtney</b>	<b>King</b>	<b>:56.65</b>
<b>3</b>	<b>Holly</b>	<b>Laing</b>	<b>1:03.16</b>
<b>4</b>	<b>Mali</b>	<b>Hole</b>	<b>1:06.13</b>